

**There and Back Again:
A Tandem Tour Around
the Country**

What we did to prepare for the trip

- Read lots of online accounts of bike trips
- Get permission from work to take a leave
- Try a 1-week shake out trial tour
 - 250 mile loop in Southern Oregon
- Ensure bike in working order
- Pack
- Leave

Heading out the door



Early Lessons Learned

- Plans are great but prepare to be flexible
 - Day 2 we covered 10 miles instead of the planned 60
- Be willing to venture outside of comfort zone
 - Even though campgrounds weren't 'open' we still stayed there
- Be nice and courteous to strangers
 - Often met people at rest stops who ended up giving us comfort later in the trip





Riding into Dayton, OH



Camping in NC





Newfound Gap





Final Statistics

- Length of Trip: June 1 through November 17
 - 169 Days Away From Home
- 9,306 Miles Travelled
 - Parts of 27 States Crossed
- Average Speed: 13.4 mph
- Elevation Gained: 249,000